A E N O

Recipes for the AENO Smart Kettle EK8S



<u>Currant tea</u>

Cinnamon orange teaMay teaKiwi green teaLime linden teaLemon ginger teaSt. John's wort teaCranberry teaClove cherry teaRose-hip teaJasmine green teaFlower teaCitrus tea with cinnamon and mintHibiscus teaRose petal tea

A E N C

Cinnamon orange tea









How to cook:

Pour water into the kettle and bring it to a temperature of 90 degrees.

Put sliced oranges, cinnamon, star anise, loose tea into a bowl or pot and pour over hot water.

Let it brew for 2-3 minutes, then strain the tea through a fine sieve.

The tea is ready, serve with an orange slice and a cinnamon stick.

4 tsp.
2 pcs.
4 sticks
2 pcs.
1 liter



Kiwi green tea

●○○○○ **Difficulty** Very low









Ingredients:	
Green loose tea	2-3 tsp.
Green leaf tea	2-3 tsp.
Kiwi	1 pcs.
Sour apple	1 pcs.
Honey	50 g
Water	1 liter

How to cook:

Pour water into the kettle and bring it to a temperature of 80 degrees.

Put kiwi and apples, sliced into circles, honey, loose tea into a bowl or pot, then pour hot water.

Let it brew for 3 minutes, then strain the tea through a fine sieve.

The tea is ready, serve with apple and kiwi slices.

Lemon ginger tea

Ingredients:	
Black loose tea	3 tsp.
Lemon	1 pcs.
Ginger root	15 g
Star anise	2 pcs.
Honey	50 g
Water	1 liter

How to cook:

Pour water into the kettle and bring it to a temperature of 90 degrees.

Put sliced lemon, ginger root, star anise, honey, loose tea into a bowl or pot and pour over hot water.

Let it brew for 2 minutes, then strain the tea through a fine sieve.

The tea is ready, serve with a lemon slice.





Cranberry tea

OOOO
 Difficulty
Very low

Preparation 3 min







Ingredients: Green loose tea 3 tsp. Green leaf tea 3 tsp. Mint 2-3 sprigs Allspice 3 pcs. Cranberries 200 g Sugar 100 g Water 1 liter

How to cook:

Pour water into the kettle and bring it to a temperature of 75 degrees.

Put loose tea, allspice, cranberries, sugar into a bowl or pot, then pour hot water over it.

Let it brew for 3 minutes, then strain the tea through a fine sieve.

The tea is ready, serve with a mint leaf and cranberries.

Rose-hip tea











Ingredients: Rose-hip (chopped) Mint 1 sprig Sugar 30 g Water 500 ml

How to cook:

Pour water into the kettle and bring it to a temperature of 100 degrees.

Put chopped rose-hip, sugar into a bowl or pot, then pour hot water over it.

Let it brew for 10-15 minutes, then strain the tea through a fine sieve.

Flower tea

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Difficulty

Very low

Preparation 3 min







Ingredients:

Dried acacia flowers 100 g

Dry chamomiles 25 g

Mint 40 g

Water 800 ml

How to cook:

Pour water into the kettle and bring it to a temperature of 75 degrees.

Put acacia flowers, chamomiles, mint into a bowl or pot, then pour hot water over it.

Let it brew for 2 minutes, then strain the tea through a fine sieve.

The flower tea is ready!

Hibiscus tea









How to cook:

Pour water into the kettle and bring it to a temperature of 90 degrees.

Put hibiscus tea, thyme, sugar into a bowl or pot, then pour hot water over it.

Let it brew for 3 minutes, then strain the tea through a fine sieve.

The tea is ready, serve with a lemon slice.

Ingredients:	
Hibiscus tea	20 g
Lemon	20 g
Fresh thyme	2 sprigs
Sugar	30 g
Water	1 liter



Currant tea











Ingredients:	
Black loose tea	2 tsp.
Black leaf tea	2 tsp.
Currant	15 g
Currant leaves	10 g
Mint	1 sprig
Water	600 ml

How to cook:

Pour water into the kettle and bring it to a temperature of 90 degrees.

Smash thoroughly currant and mint leaves with your hands.

Put currants, currant and mint leaves, loose tea into a bowl or pot and pour over hot water.

Let it brew for 4 minutes, then strain the tea through a fine sieve.

The tea is ready, serve with a mint leaf and currant berries.

May tea

Ingredients:

Currant leaves 10 pcs.

Raspberry leaves 10 pcs.

Oregano 4 sprigs

Mint 4 sprigs

Sugar or honey

Water 600 ml

How to cook:

Pour water into the kettle and bring it to a temperature of 90 degrees.

Put currant leaves, raspberry leaves into a bowl or pot, add oregano, sugar or honey, then pour hot water.

Let it brew for 10 minutes, then strain the tea through a fine sieve.











Lime linden tea

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Difficulty
Very low

Preparation 3 min







Ingredients:Dry linden flowers30 gLime20 gMint1 sprigWater600 ml

How to cook:

Pour water into the kettle and bring it to a temperature of 90 degrees.

Put linden flowers, sliced lime into a bowl or pot, then pour hot water over it.

Let it brew for 10-15 minutes, then strain the tea through a fine sieve.

St. John's wort tea

©OOOO
Difficulty
Very low









Ingredients:	
Dried St. John's wort	50 g
Dried balm mint	3-4 stems
Mint	2 sprigs
Lemon	30 g
Honey to your liking	
Water	800 ml

How to cook:

Pour water into the kettle and bring it to a temperature of 90 degrees.

Put St. John's wort, balm mint into a bowl or pot, then pour hot water over it.

Let it brew for 10-15 minutes, then strain the tea through a fine sieve.

The tea is ready, serve with a mint leaf, honey and clemon slice.

Clove cherry tea









How to cook:

Pour water into the kettle and bring it to a temperature of 90 degrees.

Put loose tea, cherries, cloves, lemon zest, sugar into a bowl or pot, then pour hot water over it.

Let it brew for 10 minutes, then strain the tea through a fine sieve.

Serve chilled with a couple of ice cubes if desired.

Ingredients:	
Black loose tea	2 tsp.
Cherry	100 g
Cloves	2-3 pcs.
Lemon zest	5 g
Sugar	40 g
Water	800 ml
Ice as desired	



Jasmine green tea

Ingredients:

Green loose tea 3-4 tsp.

Jasmine 2 tsp.

Water 800 ml

How to cook:

Pour water into the kettle and bring it to a temperature of 80 degrees.

Put loose tea, jasmine into a bowl or pot, then pour hot water over it.

Let it brew for 2-3 minutes, then strain the tea through a fine sieve.

The jasmine green tea is ready!











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Citrus tea with cinnamon and mint

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Difficulty
Very low

Preparation 3 min







Ingredients: Green loose tea 2-3 tsp. Cinnamon 2-3 sticks Citrus zest 10 g Mint 1 sprig Water 800 ml

How to cook:

Pour water into the kettle and bring it to a temperature of 80 degrees.

Put loose tea, cinnamon, citrus zest, mint into a bowl or pot, then pour hot water over it.

Let it brew for 5 minutes, then strain the tea through a fine sieve.

Rose petal tea











Ingredients: Rose petals 15-20 g Sugar or honey 30 g Lime 15 g Water 700 ml

How to cook:

Pour water into the kettle and bring it to a temperature of 90 degrees.

Put rose petals, sugar or honey, 3 lime wedges into a bowl or pot and pour hot water over.

Let it brew for 10 minutes, then strain the tea through a fine sieve.

The rose petal tea is ready!